

Catering Information - Riverview

It is vital that you read ALL information prior to arrival and that applicable information is passed onto all campers.

If you have any queries concerning any of your catering needs please contact:

Catering Coordinator: **Cathie Sharp**
Phone: 8388 5234 Office (Mon-Thurs 9am-5pm)
Email: csharp@baptistcaresa.org.au

There are 3 catering options available in Riverview for a maximum of 20 guests.

Option 1 - Full-Catering

- All meals are prepared in the main commercial kitchen and transported to Riverview at meal times by catering staff.
- Meals **MUST** be served as soon as they arrive.
- Instructions will be given to the guests on the meal being served, clean-up and any special dietary information. Special dietary foods will be clearly marked.
- It is the responsibility of the guests to ensure that safe food handling procedures are followed at all times.

Option 2 - Part-Catering (Food only)

- Meals are pre-prepared in the main commercial kitchen and stored in Riverview fridge/freezer prior to arrival for guests to prepare, heat & serve for the duration of their stay. Some BBQ cooking may be required by the guests
- Detailed instructions for the specific menu will be provided regarding storage, preparation and heating times for each meal. Special dietary foods will be clearly marked and packaged separately.
- It is the responsibility of the guests to ensure that safe food handling procedures are followed at all times.

Option 3 - Self-Catering

- The guests provide their own food/meals.
- Riverview kitchen features a domestic size oven & 4 burner hot plate, domestic fridge/freezer, microwave, toaster, kettle, plates and cutlery.
- There is limited provision in Riverview to prepare meals from scratch. No food, pots, pans or cooking utensils are provided.
- Mylor Adventure Camp accepts no responsibility for any foods brought from home or how any of this food has been prepared. It is the responsibility of the group to ensure that Safe Food Handling procedures are followed at all times.

Other things to note:

- Group leaders need to be aware of hazards such as:
 - Sharp knives – for some groups that use Riverview the availability of sharp knives etc. may be an issue. In these situations we can provide a locked cupboard.
 - Hot Surfaces – burns from bain-marie, oven, hot foods etc. Heat proof gloves will be provided and signs will be displayed where necessary.
 - Instructions will be available for the correct use of the oven, bain-marie, dishwasher etc.
 - Cleaning products including dishwasher powder are clearly labelled.

Menus

We are committed to offering a healthy balanced menu including meats, chicken, fresh fruits, fresh vegetables and salads to all our clients.

All Menus are planned by Mylor Adventure Catering staff and are based on 60 years of experience in the function and camping industry.

The price quoted at the time of booking entitles guests to the standard menu (with one menu choice for main course and one menu choice for dessert). Other menu options can be considered (but would incur extra costs) if advanced notice is given.

We are happy for guests to choose a menu from the options we have available (or suggest other options, which may incur extra costs) however, if guests are sharing the campsite with another group the menu will be planned by Mylor Adventure Catering staff. If guests wish to choose the menu it is important to note that as our menus are prepared in advance contact must be made with the Catering Coordinator 3 weeks prior to camp for confirmation.

Portion sizes - the catering price quoted at the time of booking entitles each full fee paying guest to ONE SERVE OF FOOD. Our portion sizes are generous however extra portion or larger size portions can be provided at an extra cost. Please contact the Catering Coordinator before camp to discuss this.

Time of Meals

Standard meal times are as follows:

Breakfast 8.00am, Lunch 12.30pm and Dinner 5.30 or 6pm.

Snack times are negotiable. Alternative meal times can be negotiated at the time of booking but will incur an extra cost.

Meals will be ready to serve at the time indicated above. Please ensure that your group is seated at the dining table & ready for meal service at least 5 mins before the meal time as meal service cannot be delayed. If the group programme is running over time please let the catering staff know and a new time can be negotiated if possible.

Special Diets

Over recent years the number of people with medically diagnosed food allergies has increased significantly and for this reason we advise that we are an **ALLERGY AWARE SITE** - this means that we do not eliminate any foods from our menu. We have worked hard to provide alternative meals and snacks for as many dietary requests as we can. Whilst we endeavour to provide for all diets, it is sometimes not possible to cater for them all, especially where one person has multiple allergies. For this reason we may ask guests to provide foods to supplement what we provide.

Our catering staff are trained in the precautions needed in dealing with food allergies ie cross contamination, ongoing need to read food labels and ingredient lists, use of specially allocated utensils, changing of gloves when preparing and serving and cleaning and sanitising equipment & benches. We have a strict cleaning schedule and all dishes must go through the commercial dishwashers.

We are happy to provide for medical diets and certain lifestyle choice diets (vegetarian and vegan) however we are unable to cater for personal likes or dislikes. We suggest that “fussy eaters” supplement the menu with food from home.

Any special diet requests are to be advised via the Dietary Requirements form sent to guests as part of the Pre-Arrival documentation and must be returned by the indicated due date. If this form is not returned by the due date we may not be able to provide for dietary needs.

Catering staff prepare alternative meals for those special dietary requirements. If these meals are prepared and not eaten a charge may be made on the final invoice to cover the extra costs incurred.

Camp Leaders: *It is the responsibility of the camp leader to ensure that the information below is passed onto the camper that has requested a special diet. It is also the responsibility of the camp leader to complete & return the Dietary Requirements form and return it to us by the due date.*

Following is a list diets that we cater for on a regular basis. Some diets may require you to provide your own food.

Type of Diet	What we provide	What guests need to provide
Coeliac Gluten/Wheat Free	<ul style="list-style-type: none"> • Alternative gluten free foods for all main meals • Gluten free Weet-Bix and Cornflakes • Home baked Gluten free Bread • Limited variety of Gluten free snacks ie cakes, biscuits, muffins, dips and rice crackers • Toaster available for G/F bread 	<ul style="list-style-type: none"> • Foods to supplement the menu if desired
Lactose Allergy or Intolerance (if the guest is able to have milk which is used in baking or lasagne please indicate this)	<ul style="list-style-type: none"> • Alternative lactose free meals for all main meals • SO Good Soy Milk only. • Please note that we use cow's milk in all our baking & lasagne • A limited range of snacks and desserts • fresh fruit is available at all times • Nutelex 	<ul style="list-style-type: none"> • Alternative milk if So Good Soy milk is not your preferred choice • Foods to supplement the menu if desired
Dairy Allergy	<ul style="list-style-type: none"> • Alternative dairy free meals for all main meals • So Good Soy Milk only • A limited range of snacks and desserts and fresh fruit is available at all times • A limited range of dairy free snacks & desserts • fresh fruit is available at all times • Nutelex 	<ul style="list-style-type: none"> • Alternative milk if So Good Soy milk is not the preferred choice • Foods to supplement the menu if desired
Egg Allergy	<ul style="list-style-type: none"> • Alternative egg free meals for all main meals • A limited range of Egg free snacks & desserts • fresh fruit is available at all times 	<ul style="list-style-type: none"> • Foods to supplement the menu if desired

Nut Allergies	<ul style="list-style-type: none"> • Alternative main meals are provided for those who cannot have any nuts or traces of nuts. • No nuts, nut oils are used for cooking and we do not have peanut paste or Nutella available • Please note: We DO use products where manufacturers indicate that traces of nuts may be present. • A limited range of nut free snacks & desserts • fresh fruit is available at all times 	<ul style="list-style-type: none"> • If “traces of nuts” are not allowed the guest will need to provide own snacks and desserts • Foods to supplement the menu if desired
Vegetarian - that eat vegetables only	<ul style="list-style-type: none"> • Vegetarian options are provided for all main meals 	
Vegan (No animal products eaten)	<ul style="list-style-type: none"> • Vegan meals are provided for all main meals • Fresh fruit for snacks and dessert • SO Good Soy milk • A limited range of vegan snacks and desserts • fresh fruit is available at all times 	
Person that eats no red meat	<ul style="list-style-type: none"> • Foods will be prepared as for a vegetarian unless chicken is being served 	
Halal	<ul style="list-style-type: none"> • Halal meat can be sourced if required. 	

Standard Sample Menu

Please note: *this is a SAMPLE ONLY and our menus are subject to change at any time without notification.* Menus are planned by Mylor Adventure Catering staff.

Continental Breakfast

- Choice of cereals – Cornflakes, Rice Bubbles, Just Right, Weet-Bix and All Bran with full cream & low fat milk.
- Toast (white, wholemeal and grain breads) and spreads – margarine or butter, apricot & strawberry jams, Honey and Vegemite
- Tinned fruit
- Orange or Apple Juice

Cooked Breakfast Options (extra cost applies)

- Scrambled eggs, bacon, tomato, baby spinach served with English Muffin
- Scrambled eggs, sausages, beans and tomato
- Waffles with maple syrup
- Raisin toast with cinnamon honey

Morning Tea/Afternoon Tea (one option will be served at each snack time)

- Homemade Fruit Muffins and fresh fruit
- Homemade Cakes and fresh fruit
- Homemade scones with jam & cream, fresh fruit
- Dip served with vegetable crudité's and biscuits, fresh fruit
- Fresh Seasonal Fruit platter

Lunch (one option only will be served)

- Burgers – meat patty served on a burger roll with a choice of cheese, lettuce, tomato, beetroot and pineapple with condiments.
- Meat and Salad Rolls – Freshly baked baguette with ham or beef deli meat, cheese, tomato, cucumber and lettuce with condiments.
- Chicken Wrap – roast chicken meat served on a tortilla wrap with cheese, tomato, cucumber, carrot, lettuce and condiments
- Homemade Gourmet Pizza served with fresh garden salad. (For groups of 50 campers or less).
- Baked Potatoes served with bacon, veggie sauce, cheese, beetroot, pineapple, coleslaw and sour cream
- Chicken or Lamb Yiros served with cheese, lettuce, tomato, red onion, capsicum, baby spinach and garlic sauce
- Homemade Quiche served with fresh garden salad and bread roll
- Homemade Hot Soups are served in winter OR Fresh fruit is served after the meal

Dinner (one option only will be served)

- Roast Beef, Lamb or Chicken (one meat only) served with roast potatoes and pumpkin, carrots, peas, gravy and a small dinner roll.
- Roasted Chicken portions served with roast potatoes and pumpkin, carrots, peas, gravy and a small dinner roll.
- Parmesan Chicken served with vegetables or salads, bread roll and gravy
- Homemade Lasagne served with green salad and garlic bread
- Butter Chicken served with Rice and mixed vegetables or salad
- Beef Korma served with Rice and mixed vegetable or salad
- BBQ – Minute steak, chicken kebabs and sausages served with 2 salads, bread and condiments.
- Marinated Chicken or Beef kebabs served with rice and vegetables.

Desserts (one option only) –

- Chocolate Mousse
- Fruit Salad & ice cream
- Fruit Crumble & ice cream
- Apple Custard Tarts
- Cheesecake
- Pavlova with cream & mixed berries

Cheese Platters

- Cheese Platter – with cheeses, dried fruit, biscuits - \$4-00 per person per platter (must be ordered in advance)

Beverages

- Rain water is available at all times for drinking
- Instant Coffee and tea is available at all times (for Options 1 & 2)

A Nespresso Coffee Machine is available if requested.

Pods are available for purchase for \$1 each from the catering staff when the kitchen is open.

Dining Procedures

Leaders must introduce themselves to the catering staff on arrival so that all information can be confirmed prior to meal time.

Before and after main meals

Guests must set tables ready for meal time. Catering staff may stay and serve the meal or leave the meal for guests to serve themselves. On meal completion, guests must place any leftover food in the Riverview fridge (if required) or scrape food scraps into bin provided, clear tables and either return dishes to the trolley or place dishes in dishwasher.

RIVERVIEW RETREAT CENTRE

Base Inventory

Qty	Item	Qty	Item
1	Set of 4 colour coded chopping boards	30	Dinner Plates
2	Sharp Knives	30	Side Plates
2	Can Openers	30	White Bowls
1	Bottle Opener	30	Each of Knives, Forks, Spoons
2	Potato Peeler	30	Teaspoons
2	Tongs	4	Glass Water Jugs
2	Serving Spoons	30	Mugs
1	Scissors	30	Plastic Cups on trolley
1	Whisk	30	Water Glasses
2	Potato Mashers		
1	Spatula	2	4 slice toasters
1	Wooden Spoon	1	Kettle
1	Egg Slide	1	Water Urn
2	Oven Mits		
4	Tea Towels	2	Small milk Sauce pans
4	Chux Cloths	1	Fry pan
4	Spare Light Globes	1	Oven tray
1	Pen/paper		
1	Box of Matches		
1 Each	Glad Wrap, foil, Baking Paper		
1	Dishwashing Detergent		
10	Dishwasher Tablets		
1	Bottle of Food Grade Sanitiser		
1	Bug Spray		Tea, coffee, milo, sugar, herbal tea
3	Bin Bags		Coffee Percolator & Coffee
1	Hand towel		Salt & Pepper
			Induction Folder

Frequently Asked Questions

Can we choose our own menu?

We are happy for guests to choose a menu from the options we have available (or suggest other options, which may incur extra costs) however, if guests are sharing the campsite with another group the menu will be planned by Mylor Adventure Catering staff. If guests wish to choose the menu it is important to note that as our menus are prepared in advance contact must be made with the Catering Coordinator **3 weeks prior** to camp for confirmation.

Is there a choice at meal times?

We provide one menu item at each meal time. Options can be provided at main meal times but this will incur an extra cost. Please contact the Catering Coordinator 3 weeks before your camp to discuss this.

Are there seconds available at meal times?

The price quoted at the time of booking entitles guests to the standard menu (with one menu choice for main course and one menu choice for dessert). Other menu options can be considered (but would incur extra costs) if advanced notice is given.

Are meal times negotiable?

Our standard meal times are: Breakfast 8.00am, Lunch 12.30pm and Dinner 5.30 or 6pm. Please note: the earliest Breakfast service is 8am and the latest dinner service is 6pm. Other mealtimes can be negotiated on booking and **an extra cost will be incurred**.

If we bring food from home is there somewhere to put it?

There is a domestic size fridge/freezer available in Riverview for guests. There is no other fridge or freezer available.

Is tea and coffee available at all times?

Yes for Options 1 & 2 only.

Do you provide for dietary needs?

We understand that guests have medical dietary needs or foods that can't be eaten for religious or cultural reasons or a lifestyle choice ie vegetarian or vegan.

We are happy to provide for such diets but are unable to cater for personal likes or dislikes. We suggest that "fussy eaters" supplement the menu with food from home.

Any special diet requests are to be advised via the Dietary Requirements form sent to guests as part of the Pre-Arrival documentation and must be returned by the indicated due date. If this form is not returned by the due date we may not be able to provide for dietary needs.

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