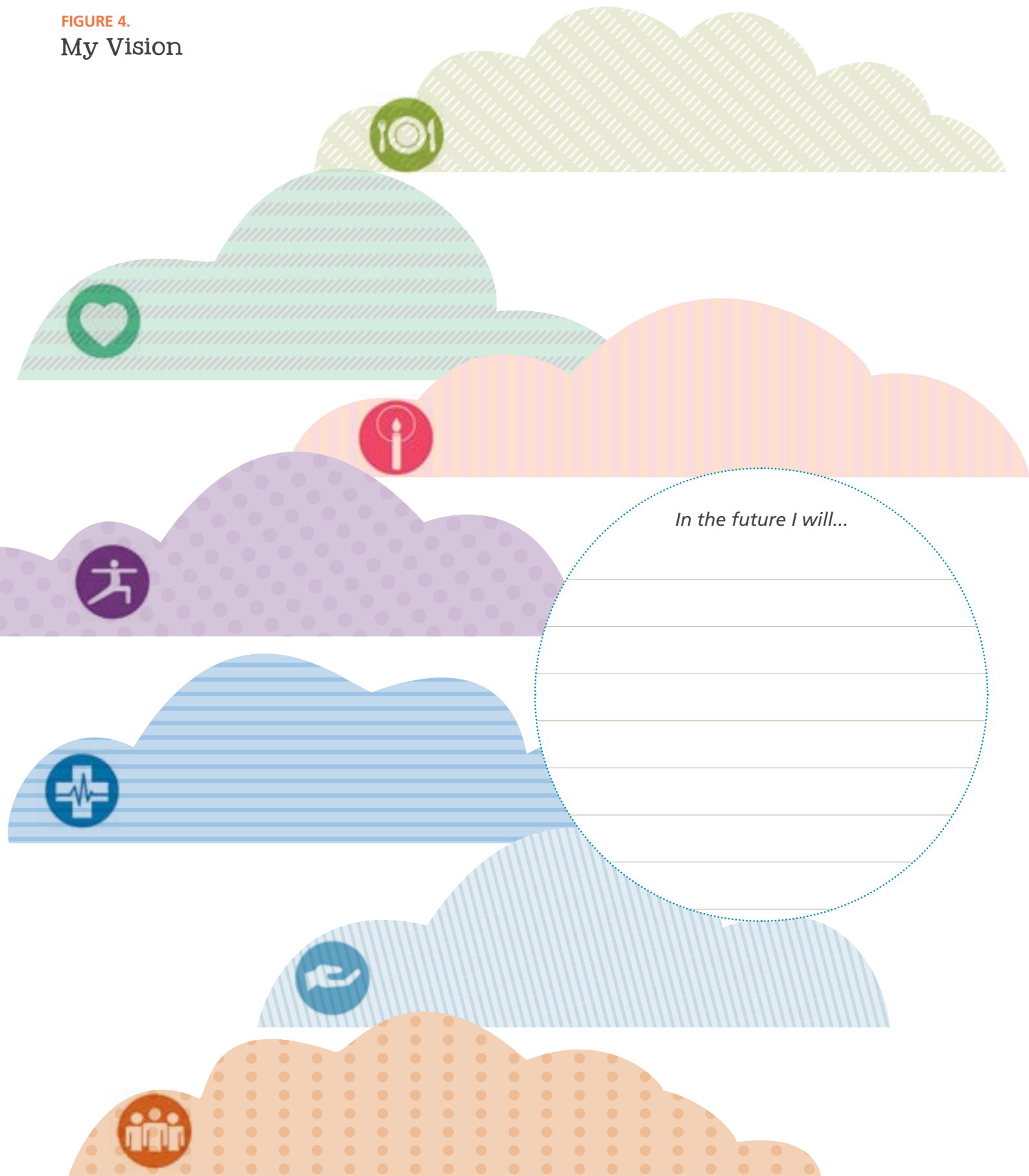


FIGURE 4.
My Vision



Think about the results of your Model for Healthy Living assessment.

- What is your vision for each of the seven dimensions?
- You can write a brief vision statement, draw a picture, glue a photo or magazine picture in each thought bubble that sums up your preferred future in that dimension.