

**INSTRUCTIONS**

Record specific information and instructions to give carers and support workers an understanding of what is important to you.

TO COMPLETE 4.2

**I am right/left handed:**

**I preferred to be called:**

**I prefer workers to greet me by:**

*(e.g. shaking hands, giving me a hug, smiling, using my name, etc.)*

**My preferred language is:**

**I speak these languages:**

**Before you enter my home/room**

**I would like you to:**

**I prefer you to contact me via:**

**Phone:**

**Mobile phone:**

**My email is:**

**My preferred communication method is:**

*(e.g. I prefer simple step by step instructions, I like extra time to understand what you are discussing with me, I prefer pictures to words, I prefer to have written instructions so I can refer back to them, I need an interpreter (specify language) for legal matters, I have difficulty hearing, etc.)*