

**MY CULTURE**

Record information about your culture that is important for you to continue to practice, e.g. social expectations, customs, traditions, special days, language and communication norms, phrases relevant to care, role of gender, dress, role of family in your care/support, attitudes to care/sickness/hospital/pain, music, spirituality, body language such as eye contact, position in the community, etc.

A large rectangular area with horizontal dotted lines for writing.