baptist care sa

MY SUPPORT PEOPLE - INDIVIDUALS, GROUPS, AGENCIES

If you completed My Choices worksheet **1.1** and included your support people in that section you do not need to repeat that information if it is the same. Just make a note "Refer to **1.1**" Make sure you record contact details, recording how each person can best support you and how often you would like that support.

The following people /agencies provide me with support/assistance:

NAME *(Record name of person or agency.)*	**RELATIONSHIP TO YOU** *(e.g. family, friend, agency, neighbour, church, club, etc.)*	**TYPE OF ASSISTANCE** *(Record what support you prefer from them and frequency, e.g. decision making, home care, personal care, etc.)*	**CONTACT DETAILS** *(Record address, phone, mobile, email.)*