





# Your questions about the NDIS answered.



Baptist Care SA is more than just another NDIS provider. We are a caring community dedicated to building strong relationships that deliver real, lasting outcomes for you and your loved ones.

The NDIS can be complex and confusing, so we have created this FAQ to try and answer many of your questions.

## What is the National Disability Insurance Scheme (NDIS)?

The National Disability Insurance Scheme (NDIS) is an exciting federal government initiative that puts you at the centre of the decision making process. It gives you greater control to choose how you want to live your life, your choice of supports and who you would like to deliver your supports.

Perhaps you would like just a little extra help or maybe ongoing support every day. The NDIS will assist you to achieve your dreams and goals and live the life you've always wanted.

Under the previous system, funding was given to organisations who in turn provided services to people living with disability. With the NDIS, for the first time in Australia, funding is provided directly to the person with disability to choose the services they need.

#### What is the NDIA?

The National Disability Insurance Agency (NDIA) is responsible for implementing and managing the NDIS.



### Why do we need the NDIS?

The previous system was out of date and did not meet the needs of people living with disability. It was managed at an individual state level and was described as inefficient, underfunded and gave people little choice.

The NDIS operates on a national basis and offers people living with disability individual choice and control in their everyday lives. It aims to support you to achieve your hopes and dreams.

#### Who is eligible for the NDIS?

You may be eligible to receive NDIS services if:

- you are under 65 years of age
- you are an Australian citizen, a permanent resident, or New Zealand citizen who is a Protected Special Category Visa holder
- you have a permanent or significant disability that requires help from others to do things, equipment or assistive technology.



For further information on eligibility, please visit the NDIS access checklist at ndis.gov.au/ndis-access-checklist



#### What will the NDIS cover?

The NDIS supports people looking for a little extra support or those who require ongoing daily support. The NDIS will fund 'reasonable and necessary' supports and also:

- Help you reach your goals and aspirations
- Develop your capacity to actively take part in the community
- Foster greater independence
- Increase your social and economic participation.

This can include things you'd like to access for learning, work, daily living, accommodation, equipment / assistive technology, health, transport and hobbies.



## What supports will not be funded by the NDIS?

Services or items that are already provided by existing government departments won't be funded. Other items not funded include day to day expenses such as rent, groceries and household bills.

#### I've been told I need a Plan. What does this mean?

Your Plan is an exciting document that allows you to detail information about yourself and also outlines your goals and needs. It generally runs for 12 months, and confirms the services you'll receive. Your Plan will be finalised at your NDIS planning meeting.

## What do I do before my NDIS Planning meeting?

Before your meeting, it is important to start preplanning and think about your goals, daily routine and the services and equipment you will need to live life your way.

Our NDIS Planning Guide will assist you to identify your goals, needs and aspirations. The guide is a practical tool to support you to get ready for your planning meeting. We would be happy to assist with this.

## What happens at my NDIS meeting?

Your NDIS Planning meeting is when the Local Area Coordinator (LAC), representing the National Disability Insurance Agency, meets you to talk about the services and equipment you need. You can ask for other people to support you at the meeting such as a family member, carer, advocate, or a staff member from Baptist Care SA.

## How do I manage my NDIS funds and support?

You can choose to manage your funds with one of the following options:

 Self managed – you take care of all of the financial and administrative processes

- Plan managed you can nominate a service provider or organisation registered as a Plan manager to oversee things. Baptist Care SA can do this for you
- Agency managed The NDIA will take care of all of the administration of your plan and make all the payments necessary to your chosen support provider
- A combination of the above.

## Do I have a choice about the organisations that support me?

Yes, you can choose the organisations that are best suited to you, as long as they are Registered NDIS Providers. Remember this is your life so we want you to choose the right organisation for you.



## Do I have a choice about staff that will support me?

Yes, you can let us know the kind of person you are looking for and we will find a staff member who matches your needs and interests.

#### Where can I learn more?

We're looking forward to catching up with you to talk about how we can help. We're always ready to listen and work together to make the future brighter.

Call us on 08 8273 7190 and we'll be happy to answer your questions.





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