



# Let's make life better, together.

An introduction to our NDIS & disability services.

# The NDIS and You.

The National Disability Insurance Scheme (NDIS) is the new, exciting way of providing support for people living with disability, their families and carers.

With the NDIS, you're able to create your own plan of support and services that will benefit you most, based on your situation today and what you would like to achieve tomorrow. It means you'll have more control over your life and the way you live it.

Disability can affect anyone and having the right support makes a big difference. Support packages are tailored to your individual needs.

In short, the NDIS is here to support you to achieve your goals. More than ever before, you'll be in control of your life.

## Services we offer you

### Daily Living

#### • Assistance with Daily Life

- Support in your home
- Supported Independent Living
- Short-term Accommodation

#### • Improved Daily Living Skills

- Parent Support and Training
- Counselling
- Decision Making
- Planning
- Mentoring
- Routines and Schedules

### Home

#### • Improved Living Arrangements

- Support to ensure a participant obtains and retains somewhere to live

### Health & Wellbeing

#### • Improved Health & Wellbeing

- Individual and group advice on managing diet and wellbeing

### Lifelong Learning

#### • Improved Learning

- Support transition through school to further education, employment and beyond

### Work (Pre-employment Preparation)

#### • Finding and Keeping a Job

- Personal skills development
- Skills training including transport, time and financial management
- Develop capacity to seek work, education or volunteering.

### Social and Community Participation

#### • Assistance with Social and Community Participation

- Group activities
- Recreation
- Camps

#### • Increased Social and Community Participation

- Individual skills
- Social skills

### Relationships

#### • Improved Relationships

- Positive behaviour management planning
- Positive behaviour support training

### Choice & Control

#### • Support Coordination

- Support connection and coordination
- Specialist support coordination



# We all have hopes and dreams. And we all like to imagine what our future might hold.

Thanks to the National Disability Insurance Scheme (NDIS), and with Baptist Care SA 'on your team', you can make your hopes and dreams a reality.

The NDIS provides people living with disability choice, control and flexibility. It allows you to select the services you require and to choose the people to provide them. It is a great opportunity for you to receive the funding and resources you need to achieve your goals.

Baptist Care SA is a Registered NDIS Provider. If you need support in your daily life, assistance to join in with your community, encouragement to build positive relationships or ways to improve your health and wellbeing, we can help. Our services are tailor-made for you.

It's not always easy, but we won't give up. We'll find ways to make things happen – just as you've asked us to do. Throughout your NDIS journey, you can rely on us.

Our friendly, experienced staff look forward to getting to know you. Whether you're young or old and whatever you want to do, Baptist Care SA can help you get there.

**Life's better with Baptist Care SA.**



# Why choose Baptist Care SA?

## **We're all about relationships.**

We have great people and build positive lasting relationships.

## **We'll make the NDIS easy for you.**

We want you to achieve your goals and dreams and have fun at the same time!

## **We're with you all the way.**

We'll be there throughout your NDIS journey, including going to meetings with you.



## **We're all about you.**

We can support you if you need just a little help or if you require ongoing support everyday.

## **We know what we're doing.**

For more than 100 years, we've supported many South Australians who have relied on us to be there.

## **A complete NDIS offering, and more.**

We offer a broad range of NDIS services and do lots more that you may be interested in.



# What happens when you contact us...



## Let's chat

A quick phone call gives us the chance to get to know each other. You'll be greeted by our friendly NDIS Support Team and you can tell us what you want to achieve and ask us any questions.



## Free initial meeting

We can meet with you at home, in a cafe or wherever you feel most comfortable. There is no cost; it's just a chance to talk through how we can tailor our care to suit you.



## Support plan

You are in control. Tell us what you want your life to be like and together we'll find a way. We'll discuss your needs and goals and create a personalised plan for you.



## Meet the team

We want to get to know you a little better. This is an opportunity for you also to meet the people at Baptist Care SA.



## Start working together

This is the best part as we start working to make life better, together.



## Review

You are important to us. We'll check in with you regularly to make sure we are helping you to achieve your goals.

## Let's make life better, together.

We'd like to catch up with you and talk about how we can help. We're always ready to listen and work together to make the future brighter.

For a free, no-commitment consultation, call our team on **08 8273 7190**, or email us at [ndis@baptistcaresa.org.au](mailto:ndis@baptistcaresa.org.au)

**"Ages ago I was scared to ride a bike without training wheels. I was scared I was going to fall off and hurt myself. Sally from Baptist Care SA took me to this bike training place. I was happy and I was excited, it was way too much fun."**

- PATRICK, BAPTIST CARE SA NDIS CLIENT

**"I like that it is a really supportive environment and that the staff are really understanding and really patient with people."**

- JOEL, BAPTIST CARE SA NDIS CLIENT



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