

Carers Perspective and Support

- **Carer Gateway**, hints, tips and resources about caring and self-care. Great local service finder that links to your area
<https://www.carergateway.gov.au/>
- **Carer Planning Resources**, books to consider options for the future care of a family member,
<https://www.dss.gov.au/disability-and-carers/publications-articles>
 - Planning for the Future: People with Disability Booklet
 - Special Disability Trusts: Getting Things Sorted
- **Carers SA**, provide publications, factsheets about the caring role and other issues relating to caring, call 1800 242 636
<https://www.carers-sa.asn.au/resources/publications/>
- **Caring with intent**: '8 ways you and your church can make a difference to disabled people and their carers'. *Christianity Today*. Clemence, R, Fri 19 Oct 2018,
<https://www.christiantoday.com/article/caring-with-intent-8-ways-you-and-your-church-can-make-a-difference-to-disabled-people-and-their-carers/130730.htm>
- **A carer's perspective** – Ten ways churches can offer more support to carers, Jacqui Goff
<https://livability.org.uk/carers-perspective-ten-ways-churches-can-offer-support-carers/>

Carer Support: provide support and respite for carers in the regions of SA:

- Northern Carers Network, Support carers in Northern Adelaide metro area
www.ncnw.org.au
- Eastern and Southern metropolitan regions of Adelaide, www.carersupport.org.au
- Carers Link Barossa (Barossa and districts), www.carerslinkbv.org
- South Southern Fleurieu Carer Support Centre (and KI),
www.carersupportsa.org.au/index.php/carers.../182-south-coast-carers
- Carers Link Yorke Peninsula (Yorke Peninsula), <http://carerslinkyp.vpweb.com.au>
- Country North Community Services (Clare and districts),
www.sacountrycarers.org.au
- **Carer Support Programs from Department of Social Services**, List of government services available to carers
<https://www.dss.gov.au/disability-and-carers/carers>
- **Connecting Foster & Kinship Carers - SA Inc (CF&KC-SA)**, connect carers, provide information, advocate for change; access to support, peer support.
<http://cfc-sa.org.au/>

- **Young carers**, support for young carers, specific groups via Carers SA
<https://www.unitingcommunities.org/services/youth-services/young-carers-respite/>
- **Caring for carers**, Verity Smith 2011, UK: *Living Leadership*,
<http://www.livingleadership.org/pastoral/caring-for-carers.html>
- **Carer respite – Carer Wellness Centre Adelaide Hills**, respite centre in Adelaide Hills at Woodside, <http://carerwellness.org.au>

Inclusion champions

- **Mark Arnold blog** 'How inclusion champions are transforming the church',
<https://theadditionalneedsblogfather.com/>
- **Video** about Inclusion Champions,
www.youtube.com/watch?v=7VxFmim5ySY

Financial/Legal Support

- **Australian Consumer Hardship Portal** –for people experiencing difficulty paying phone or Internet bills
www.accan.org.au/hardship-home
- **Home modifications:** useful information at these sites,
<https://www.homemods.info/>; <http://www.moda.org.au/>;
https://ilcaustralia.org.au/search_category_paths
- **Legal Services Commission:** free legal advice, e.g. legal wills,
www.lsc.sa.gov.au
- **Money Smart:** helpful site with links to information about money, insurance, scams etc.
www.moneysmart.gov.au/
- **No Interest Loan Program (NILS):** (apply via Carers SA and other providers) offers family carers access to loan up to \$1200 for essential household items with no interest or charges. Loan must be repaid over 12-18 months.
[http://carers-sa.asn.au/Assets/Files/NILS Brochure FINAL.pdf](http://carers-sa.asn.au/Assets/Files/NILS%20Brochure%20FINAL.pdf)